GOAL PLANNER

Necessary tools for your success

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**Welcome to the exclusive Goal Planner by MYCITYCOACH.COM !**

Feel free to download and print this planner for your personal use.

The planner consists of the following sections:

#1. Self-awareness corner

#2. Areas of life section

#3. A 20-year planning tool per areas of life

#4. Monthly goal planner & review tool

Enjoy being successful!



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Self-awareness corner

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*What is the vision for the life I want?*

*What are my core values?*

*What am I passionate about?*

*What is my life’s purpose?*

Areas of life

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*Think about the following areas of your life:*

* Business & Career
* Finance
* Family, friends, home
* Relationships
* Health & Fitness
* Personal development
* Self-care
* Hobbies & Recreation



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| --- | --- | --- | --- | --- |
| WHEN?  What do I want my life to be like? | **1 year**  **from now** | **5 years**  **from now** | **10 years**  **from now** | **20 years**  **from now** |
| *How old*  *will I be?* |  |  |  |  |
| **Business**  **& Career** |  |  |  |  |
| **Finance** |  |  |  |  |
| **Family,**  **friends,**  **home** |  |  |  |  |
| **Relationships**  MYCITYCOACH.COM |  |  |  |  |
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| *How old*  *will I be?* |  |  |  |  |
| **Health**  **& Fitness** |  |  |  |  |
| **Personal**  **development** |  |  |  |  |
| **Self-care** |  |  |  |  |
| **Hobbies**  **& Recreation**  MYCITYCOACH.COM |  |  |  |  |

Monthly Goals

*Month & Year*

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| *My goals:* | *My reward once I achieve the goal:* |
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Review of the month

*The biggest wins, lessons, insights of the month:*

*How do I feel about my progress this month?*

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Make your every action meaningful

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